



Product Specifications

Product: Organic Canola Oil,
Expeller Pressed

Issued: December 14th, 2011

Updated: October 23, 2020

Page 1 of 3

Description

Organic Canola Oil is made from organic certified seeds of the canola plant. It is produced using mechanical expeller pressed methods and undergoes a controlled deodorization process which ensures a quality product, enhanced flavor and shelf-life stability.

Organic canola oil can be used in various applications, such as mayonnaise, salad dressings, sauces, salad oils, canned foods, bakery products, and as a cooking oil. It is high in monounsaturated fats, low in polyunsaturated fats, and has a high omega-3 fatty acid profile.

Physical & Chemical Characteristics

Physical State:	Liquid*
Appearance:	Clear, Hazy*
Taste / Flavor:	Bland, Neutral*
Odor:	Bland, Neutral*
Free Fatty Acid %:	0.15% max.
Peroxide Value meq/ kg:	2.5 meq/ kg max.
Color Red (Lovibond):	2.0 Red Max.
Color Yellow (Lovibond):	25 Yellow Max.*
Iodine Value (Wijs):	103 - 126*
Moisture %:	0.1 % Max*
C16:0 Palmitic	2.5-7.0%*
C18:0 Stearic	0.8-3.0%*
C18:1 Oleic	51.0-76.0%*
C18:2 Linoleic	10.0-30.0%*
C18:3 Linolenic	4.0-14.0%*

All limits/results reflect the date of processing and may shift naturally over time.

* Typical values, analysis may not be included on COA depending on lot.

Ingredients

Organic Canola Oil, Expeller Pressed

Certifications

Star-K Kosher Certified in drums, Non-GMO Project Verified, USDA Organic Certified



Product Specifications

Product: Organic Canola Oil,
Expeller Pressed

Issued: December 14th, 2011

Updated: October 23, 2020

Page 2 of 3

Country of Origin

May be a product of any of the following countries: US=USA, CA=Canada, AU=Australia, IT=Italy and/or NL=Netherlands

Packaging and Storage

Packaged in 2,093 Lb Caged Plastic or Cardboard Totes, 419 Lb Drums, 40 Lb Containers or 1 Gallon Containers.

This product is best if used within 24 months from date of process, if un-opened. All storage recommendations must be followed (see Shelf Life Standards document) to maintain this shelf life.



Product Specifications

Product: Organic Canola Oil,
Expeller Pressed

Issued: December 14th, 2011

Updated: October 23, 2020

Page 3 of 3

Nutritional Statement

Nutrient	1 Tablespoon (13.5g)	100g	Unit
Calories-Energy	130	867	kcal
Total Fat	14.0	93.33	g
Saturated Fat	1.0	6.67	g
Polyunsaturated Fat	4.0	26.67	g
Monounsaturated Fat	9.0	60.0	g
Trans Fat	0	0	g
Cholesterol	0	0	mg
Sodium	0	0	mg
Dietary Fiber	0	0	g
Sugars	0	0	g
Protein	0	0	g
Total Carbohydrates	0	0	g
Vitamin D(1)	0	0	IU
Calcium(1)(2)	0	2	mg
Iron(1)(2)	0	0	mg
Potassium(1)	0	0	mg

(1) - "Contains less than 2% of the Daily Value of this (these) nutrient(s)"

(2) - "Not a significant source of Calcium and Iron"

Source: USDA National Nutrient Database for Standard Reference, Release 28, Revised May 2016